



McReynolds

Orthodontics

Embracing Your Future

March 2010



Mom Knows Best

Mothers Report Braces One of the Best Investments...

While the perceptions and attitudes surrounding braces have changed over the years, the goal of orthodontic treatment remains the same - to help each patient achieve a beautiful smile. In fact, 78 percent of mothers who had braces as a child believe braces are one of the best investments their parents made for them.

MYTH:

Braces are painful and take two years or more for the desired result.

FACT: After the adjustment period, like breaking in a new pair of shoes, braces are comfortable. Some may be worn for months, not years.

\$50 Gift Cards... Krysten E. was our February Louisville winner. Congratulations on having no broken brackets and great oral hygiene. Maybe next month's winner will be **YOU!** Anna C. was our January Starkville winner for wearing her t-shirt to her appointment!

If you have news that you would like for us to print in our newsletter, please drop a note by the front desk! We love to celebrate your achievements!

GIVING BACK...

McReynold's Orthodontics sent boxes of toothbrushes and toothpaste to Haiti through the Girl Scouts. Thanks girls for making a difference!

Congratulations to Amber P. for great elastic wear and getting her braces off 7 months early!!!

Thanks to all of our schools that participated in February Dental Health Month! We talked to over 1200 students about proper oral hygiene!

Employee Spotlight... Lindsey Sanders



She loves seeing the progress that patients make between appointments.

Lindsey has been an Orthodontic Assistant for over 3 years. Lindsey has been married to Cliff for almost seven years and they have a very active five-year-old, Cooper Lane. In her free time, Lindsey enjoys spending time with her family. Her hobbies also include baking, scrap-booking, and shopping.

Question... Will my teeth hurt all the time?

Answer... Your mouth will be sore for a week or two after you get braces, and you'll probably be a little uncomfortable every time the braces are adjusted. But many modern braces are designed to minimize pain.